

## ***Doing a 180° - Turning around & getting life right***

Week 4 – Staying Instead of Leaving...not running from my troubles in life

March 19, 2006

Troubles are part of this world, not necessarily something God brings into my life

- ***People are born for trouble as readily as sparks fly up from a fire.***  
*Job chapter 5 verse 7 (392)*
- ***How frail is humanity! How short is life, and how full of trouble!***  
*Job chapter 14 verse 1 (397)*

My troubles can make my life brutal...& it's OK to admit it!

- ***God, you have ground me down and devastated my family.***  
*Job chapter 16 verse 7 (399)*

I might be the on-going cause of trouble in my life

- ***Again and again God rescued them, but they chose to rebel against him, and they were finally destroyed by their sin. Even so, God pitied them in their distress and listened to their cries.***  
*Psalm 106 verses 43 & 44 (463)*
- ***My experience shows that those who plant trouble and cultivate evil will harvest the same.***  
*Job chapter 4 verse 8 (392)*

God is in control...even of my troubles

- ***God, you have fed us with sorrow and made us drink tears by the bucketful.***  
*Psalm 80 verse 5 (451)*
- ***Nevertheless, that time of darkness and despair will not go on forever.***  
*Isaiah chapter 9 verse 1 (523)*

My troubles may be God correcting me

- ***My child, don't reject the Lord's discipline, and don't be upset when he corrects you. For the Lord corrects those he loves....***  
*Proverbs chapter 3 verses 11 & 12 (482)*
- ***Think about it: Just as a parent disciplines a child, the Lord your God disciplines you for your own good.***  
*Deuteronomy chapter 8 verse 5 (146)*
- ***I'm glad...not because it hurt you, but because the pain caused you to repent and change your ways. It was the kind of sorrow God wants his people to have....***  
*2 Corinthians chapter 7 verse 9 (885)*

God is gracious to me even when I am the cause of my trouble

- ***Now we are being punished because of our wickedness and our great guilt. But we have actually been punished far less than we deserve....***  
*Ezra chapter 9 verse 13 (369)*
- ***God does not punished us for all our sins, he does not deal harshly with us, as we deserve.***  
*Psalm 103 verse 10 (460)*

God's plan for me is always good...troubles can't and don't change this

***"You will be in Babylon for seventy years. But then I will come and do for you all the good things I have promised, and I will bring you home again. For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope."***

*Jeremiah chapter 29 verses 10 & 11 (602)*

God brings good...even from trouble intentionally inflicted on me

***You intended to harm me, but God intended it all for good. He brought me to this position so I could save the lives of many people.***

*Genesis chapter 50 verse 20 (44)*

God is NEVER careless about my troubles

***No one is abandoned by the Lord forever. Though he brings grief, he also shows compassion because of the greatness of his unfailing love. For God does not enjoy hurting people or causing them sorrow.***

*Lamentations chapter 3 verses 31-33 (624)*

There is a wonderful paradox that is only ever revealed in troubles

***We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed. Through suffering, our bodies continue to share in the death of Jesus so the life of Jesus may also be seen in our bodies.***

*2 Corinthians chapter 4 verses 8-10 (884)*

God wants me to cry out to him when I am confused & exhausted because of my troubles

- ***Listen to my prayer for mercy as I cry out to you for help...***

*Psalm 28 verse 2 (425)*

- ***I cry out to God Most High, to God who will fulfill his purpose for me.***

*Psalm 57 verse 2 (438)*

- ***O Lord, I cry out to you. I will keep on pleading day by day.***

*Psalm 88 verse 13 (454)*

- ***God, I rise early, before the sun is up; I cry out for help and put my hope in your words.***

*Psalm 119 verse 147 (471)*

Next Sunday: Giving Instead of Getting

*The DVD in today's service is entitled "Rain" and is the product of Rob Bell, teaching pastor at Mars Hill Bible Church in Michigan. Rob is a dynamic and innovative teacher with neat insight into the Bible and Mars Hill is an incredible church that is making a significant impact in the world today. You can visit Mars Hill Bible Church at [www.mhbcmi.org](http://www.mhbcmi.org) and you can see the entire collection of Rob's DVDs at [www.nooma.com](http://www.nooma.com)*