

Developing a Winning Attitude for 2006
Week 2 – The Choices that Lead to a New Attitude
January 29, 2006

1. Choose to always be joyful

Always be full of joy in the Lord. I say it again, rejoice! Philippians chapter 4 verse 4 (901)

- A winning attitude begins when I CHOOSE to be glad / happy. That's what this word means
- A winning attitude begins with the realization that while my circumstances may never change, my attitude can! I can CHOOSE to be glad / happy even if my circumstances never change!
- ***A glad heart makes a happy face.... Proverbs chapter 15 verse 13 (491)***
- ***...for the happy heart, life is a continual feast. Proverbs chapter 15 verse 15 (491)***

2. Choose to always be joyful...in the Lord!

Always be full of joy in the Lord. I say it again, rejoice! Philippians chapter 4 verse 4 (901)

- I can choose to be glad / happy IN God!
- NOT in things, NOT in people, NOT in circumstances, NOT in the Eagles, NOT in health, NOT in good fortune, NOT in my love-life
- WHY???
- ***“I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.” Jeremiah chapter 29 verse 11 (596)***
- ***O Lord...what joy (how happy!) for those who trust in you. Psalm 84 verse 12 (452)***

3. Choose to live a selfless life

Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.

Philippians chapter 4 verse 5 (901)

- The idea behind “considerate” is that in patience & gentleness, I willingly lay my rights aside in order to serve others
- Selfish people are miserable people!
- ***The generous will prosper; those who refresh others will themselves be refreshed.***

Proverbs chapter 11 verse 25 (488)

(over)

4. Choose to pray about everything instead of worrying about anything

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. _Philippians chapter 4 verse 6 (901)

- “praying in everything’ means what I think about AND what I pray about are the same!
- I must pray what is already in me, NOT what I wish was in me!
- God also wants me to tell him my NEEDS
- ***The Lord is my shepherd, I have everything I need. Psalm 23 verse 1 (423)***
- And to thank him for the many blessings in my life
- God loves it when we thank him!! See Psalm 50 verse 23 (436)

The Result of My Choices...

Then you will experience God's peace, which exceeds anything we can understand.

His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians chapter 4 verse 5 (901)

- AFTER I make the choices we talked about today, I will experience God's peace in my life...
- and this peace will BLOW MY MIND because it will so far exceed anything that I ever have or can experience on my own!
- AND this peace will be an “armed guard” standing watch over MY heart!
- ***Guard your heart above all else, for it determines the course of your life.***

Proverbs chapter 4 verse 23 (483)

Next Sunday: The THOUGHTS that lead to a winning attitude